The School of Psychology and the Embassy of the United States of America would like to present

David Rosen, M.D.
McMillan Professor of Analytical Psychology
Professor of Psychiatry and Behavioural Science
Texas A&M University

Who will speak on

**TRANSFORMING DEPRESSION: HEALING THE SOUL THROUGH CREATIVITY**

Date: 4th November 2005
Time: 12.00 noon SHARP
Venue: EA526, Easterfield Building

This presentation will cover: understanding depression and the quest for meaning, knowing suicide and its creative potential, and egocide and transformation (an innovative Jungian humanistic therapeutic paradigm). Egocide and transformation entails healing depressive and suicidal states through the creative technique of active imagination. In other words, the symbolic death of the destructive ego (shadow) and the false self as well as subsequent creative expressions lead to the birth of the true self. Dr Rosen will also talk about the crisis points such as adolescence, mid-life, divorce, and loss of a loved one and how egocide can help. In addition, this format will allow for the brief presentation and discussion of an actual case (a depressed and suicidal patient). Participants will learn how the egocide and transformation model is applied and how it works. The patient, guided by the therapist, analyses to death or symbolically kills negative aspects of the ego and shadow (egocide and shadowcide) and the related depressive and suicidal state is transformed through the creative arts. Suicide is literally a dead end, whereas egocide involves a symbolic death and rebirth experience. Egocide and transformation allows the suffering melancholic individual to live, heal the soul through creativity, and find meaning to life.