

Prove that the norm

$$\|\vec{x}\| \equiv \sqrt{\langle \vec{x}, \vec{x} \rangle}$$

defined by any inner product does indeed satisfy the triangle inequality, N3.

Let us begin by considering the Cauchy-Schwarz inequality, which states:

$$(a) |\langle \vec{x}, \vec{y} \rangle| \leq \|\vec{x}\| \|\vec{y}\|$$

By the definition of the norm stated in the problem, consider

$$(b) \langle \vec{x}, \vec{y} \rangle \leq \sqrt{\langle \vec{x}, \vec{x} \rangle} \sqrt{\langle \vec{y}, \vec{y} \rangle}$$

Now, consider RI3, the property of bilinearity. It states:

$$\langle \vec{x} + \vec{y}, \vec{x} + \vec{y} \rangle = \langle \vec{x}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle + 2 \langle \vec{x}, \vec{y} \rangle$$

Therefore, perform algebraic operations on (b):

$$(c) 2 \langle \vec{x}, \vec{y} \rangle \leq 2 \sqrt{\langle \vec{x}, \vec{x} \rangle} \sqrt{\langle \vec{y}, \vec{y} \rangle}$$

$$(d) \langle \vec{x}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle + 2 \langle \vec{x}, \vec{y} \rangle \leq \langle \vec{x}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle + 2 \sqrt{\langle \vec{x}, \vec{x} \rangle} \sqrt{\langle \vec{y}, \vec{y} \rangle}$$

Then, by RI3, we obtain the inequality:

$$(e) \langle \vec{x} + \vec{y}, \vec{x} + \vec{y} \rangle \leq \langle \vec{x}, \vec{x} \rangle + \langle \vec{y}, \vec{y} \rangle + 2 \sqrt{\langle \vec{x}, \vec{x} \rangle} \sqrt{\langle \vec{y}, \vec{y} \rangle}$$

Take the square root of each side to obtain

$$(f) \sqrt{\langle \vec{x} + \vec{y}, \vec{x} + \vec{y} \rangle} \leq \sqrt{\langle \vec{x}, \vec{x} \rangle} + \sqrt{\langle \vec{y}, \vec{y} \rangle}$$

which, by the definition of the norm given above, equals

$$(g) \|\vec{x} + \vec{y}\| \leq \|\vec{x}\| + \|\vec{y}\|.$$

This is the triangle inequality, N3.

Therefore, the norm defined by any inner product satisfies the triangle inequality.